This is an exhibition of photos and stories of how families at Marra Farm connect to nature through food.

This is part of a larger project that explores the sense of connection to nature of families in the Seattle metropolitan area through participatory photography and conversational interviews. Particularly, this research attempts to understand: 

*In what ways foodways or food practices allow people to feel connected to nature?*

Through *Fotohistorias*, this project seeks to listen to the experience with nature of some families at Marra Farm.

*Participant 1:* Food connects us ... brings us from many sides, from Guatemala, Mexico, the United States ... it brings us to a shared place.

*Participant 2:* Food creates community; it brings people together.

*Participant 3:* This food (photos) reminds me of there (home, country of origin) that’s what we eat. In our house we have a nopal plant. This is how we connect with nature.

Thanks to the families who participated in this project, to Helen Angell for facilitating the workshop, to Marra Farm/Solid Ground to host this project, and a special acknowledgement to Dr. Ricardo Gomez to inspire and help to design this workshop.

For more information regarding this project, please contact Isabel Carrera Zamanillo at micz@uw.edu.